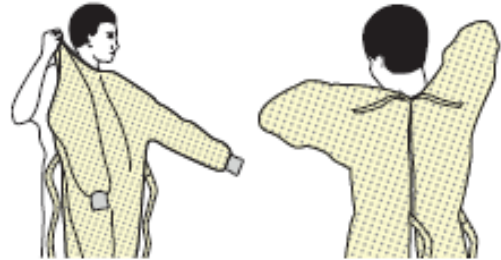


SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE) COVID-19 SPECIFIC – AIRBORNE + CONTACT PRECAUTIONS + EYE PROTECTION

The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

1. GOWN

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten in back of neck and waist



2. N95 MASK OR PAPR

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator



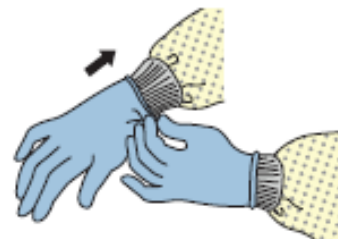
3. GOGGLES OR FACE SHIELD

- Place over face and eyes and adjust to fit
- May use mask with face shield over N95 mask and then may reuse N95



4. GLOVES

- Extend to cover wrist of isolation gown



USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene

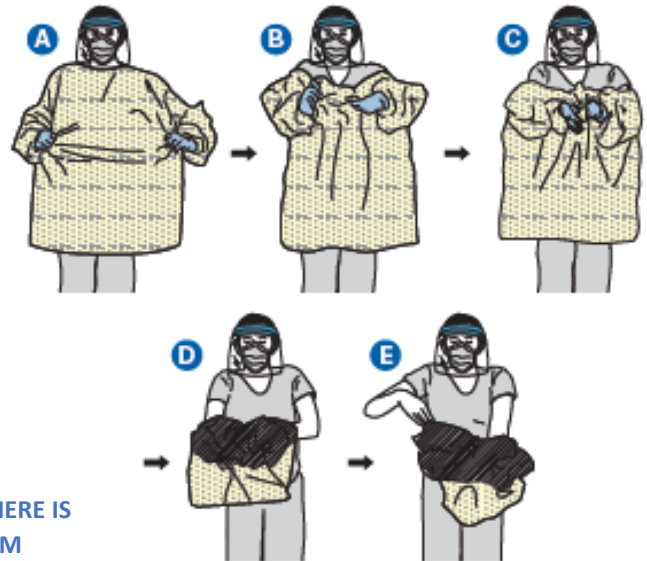
Based on CDC
Guidance. Airborne.
VCMC/ SPH Edit
3 12 2020

HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE) COVID-19 SPECIFIC – HAVING A BUDDY OBSERVE DOFFING IS RECOMMENDED

Prior recommendations prior to COVID were to remove all PPE in the room with the exception of respirator. Given unique challenges of COVID, recommendations for where to remove PPE if anteroom is present or not are embedded in steps below.

1. GOWN AND GLOVES

- Gown front and sleeves and the outside of gloves are contaminated!
- If your hands get contaminated during gown or glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp the gown in the front and pull away from your body so that the ties break, touching outside of gown only with gloved hands
- While removing the gown, fold or roll the gown inside-out into a bundle
- As you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands. Place the gown and gloves into a waste container
- Take off the GOWN AND GLOVES in either an ANTE ROOM IF THERE IS AN ANTE ROOM - OR - IN THE ROOM IF THERE IS NO ANTE ROOM



2. GOGGLES OR FACE SHIELD

- Outside of goggles or face shield are contaminated!
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Remove goggles or face shield from the back by lifting head band and without touching the front of the goggles or face shield
- If the item is reusable, disinfect with bleach wipes and store in paper bag with your name; otherwise discard in a waste container.



- Take off the GOGGLES or FACE SHIELD in either an ANTE ROOM IF THERE IS AN ANTE ROOM - OR - OUTSIDE THE ROOM IF THERE IS NO ANTE ROOM

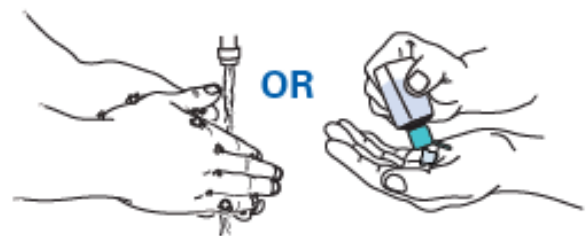
3. MASK OR RESPIRATOR

- Front of mask/respirator is contaminated — DO NOT TOUCH!
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- Discard in a waste container



- Take off the MASK OR RESPIRATOR in either an ANTE ROOM IF THERE IS AN ANTE ROOM - OR - OUTSIDE THE ROOM IF THERE IS NO ANTE ROOM

4. WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING ALL PPE



PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING ALL PPE

Based on CDC Guidance. Airborne.
VCMC/ SPH Edit
3 12 2020