

# EMPLOYEE ILLNESS & EXPOSURE TO COVID-19

If you believe that you are experiencing symptoms of COVID-19, please stay home and contact the Employee COVID-19 Hotline.

Symptoms may include any of the following:

- Cough
- Fever ( $\geq 100.0$ )
- Sore Throat
- Congestion/Runny Nose
- Achiness
- Chills
- Headache
- Loss of Taste or Smell
- Diarrhea
- Nausea
- Vomiting
- Shortness of Breath

**STEP 1: Stay home and self-isolate.**

**STEP 2: Immediately contact the Employee COVID-19 Hotline**

Non-County Employed Physicians & Providers	All County Employees
Employee Health Services (805) 981-5166	Employee Health Services (805) 981-5166

**STEP 3: Notify your supervisor or manager if you have been directed to remain off work.**

**Exposures:** If you have been **exposed** to someone with known or suspected COVID-19, follow steps 2 and 3 above. Exposure alone does not mandate staying home from work.

Reportable exposure includes any prolonged close contact (less than 6 feet for a total of 15 minutes or more) with a person who has tested positive or is under investigation for COVID-19.

**Please note:** Protected health information will remain confidential. Clearance for return to work will be provided as needed to hospital or clinic administration and human resources. Test results will be reported to the Ventura County Department of Public Health in accordance with federal and state reporting guidelines.