

EMPLOYEE ILLNESS & EXPOSURE TO COVID-19

If you believe that you are experiencing symptoms of COVID-19 or have been exposed to someone with known or suspected COVID-19, please stay home and notify your supervisor or clinic manager.

Symptoms may include any of the following:

- Cough
- Fever (≥ 100.0)
- Sore Throat
- Congestion/Runny Nose
- Achiness
- Chills
- Headache
- Loss of Taste or Smell
- Diarrhea
- Nausea
- Vomiting
- Shortness of Breath

Reportable exposure includes any prolonged close contact (less than 6 feet for a cumulative total of 15 minutes or more) with a person who has tested positive for COVID-19 or who is under investigation for COVID-19.

Any travel to another state or country should be reported before returning to work.

STEP 1: Immediately notify your supervisor or clinic manager if you develop new symptoms unrelated to chronic illness (e.g., asthma or seasonal allergies), have had an exposure, or are returning from travel.

STEP 2: If directed to do so, contact the Employee COVID-19 Hotline for screening and guidance on the need for testing and work restrictions. The employee hotline will be staffed Monday through Friday during regular business hours.

Non-County Employed Physicians & Providers	All County Employees
Employee Health Services (805) 981-5166	Employee Health Services (805) 981-5166

STEP 3: Inform your supervisor or clinic manager if you have been directed to remain off work.

Please note: Protected health information will remain confidential. Clearance for return to work will be provided as needed to hospital or clinic administration and human resources. Test results will be reported to the Ventura County Department of Public Health in accordance with federal and state reporting guidelines.