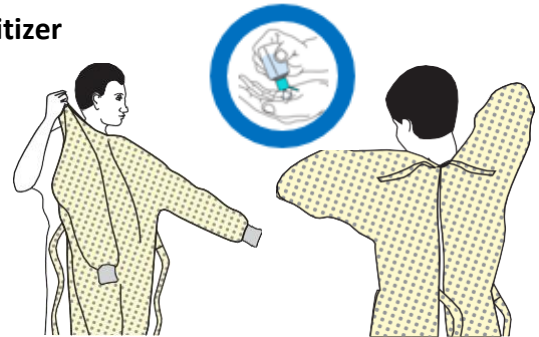


PUTTING ON PPE

Before donning PPE, wash hands or use alcohol-based hand sanitizer

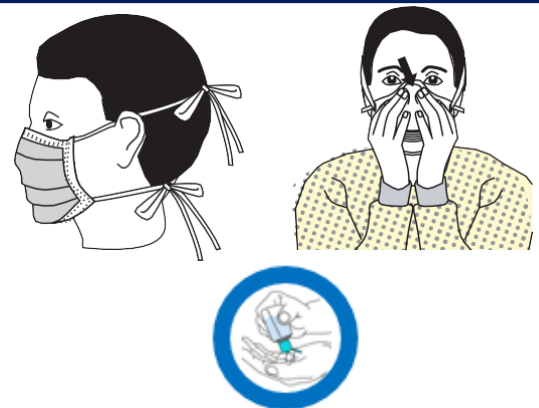
1. GOWN

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten in back of neck and waist



2. MASK OR RESPIRATOR

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator
- After donning mask/respirator hand sanitize



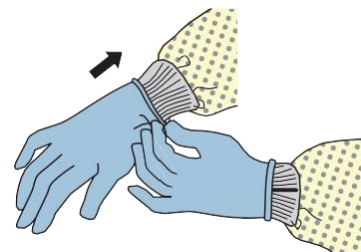
3. GOGGLES OR FACE SHIELD

- Place over face and eyes and adjust to fit



4. GLOVES

- Extend to cover wrist of isolation gown



USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene

Updated 4-21-2020

REMOVING PPE

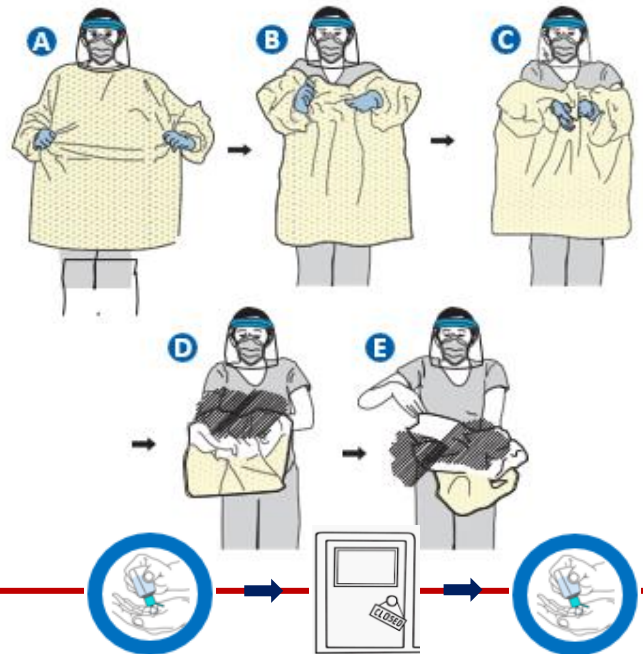


***Hand sanitizer: must remain on hands for 20 seconds to be effective. Each step of hand sanitizing requires 20 seconds before moving to next step. ***

Hand sanitize *exterior of gloves* in room to decontaminate, and *then* remove PPE:

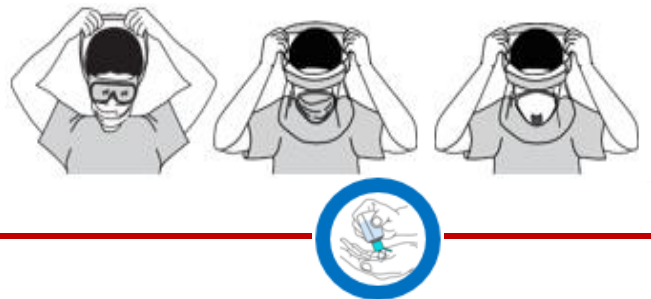
1. GOWN AND GLOVES

- Front of gown, sleeves and the outside of gloves are contaminated! — **DO NOT TOUCH!**
- **Remove gown and gloves inside room**
- Grasp the gown in the front and pull away from your body so that the ties break, touching outside of gown only with gloved hands. While removing the gown, fold or roll the gown inside out into a bundle.
- As you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands. Place the gown and gloves into a waste container
- After removing gown and gloves, apply hand sanitizer, wait 20 seconds, and then exit room into red/dirty area and close door behind you.



2. GOGGLES OR FACE SHIELD

- Outside of goggles or face shield is contaminated!
- Upon entering red/dirty area, hand sanitize.
- Remove goggles or face shield from the back by lifting headband without touching the front of the goggles or face shield.
- If the item is reusable, place on table in red/dirty zone for cleaning later.
- Hand sanitize and wait 20 seconds



3. MASK OR RESPIRATOR

- Front of mask/respirator is contaminated if not behind face shield — **DO NOT TOUCH!**
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- N95 Respirator may be saved for reuse in brown bag if underneath face shield. **SAVE in a red waste container if disposable for potential reprocessing.**



4. WASH HANDS OR USE HAND SANITIZER BEFORE DOFFING, BETWEEN STEPS, AND AFTER REMOVAL OF ALL PPE.

5. AFTER BECOMING CLEAN, PUT ON GLOVES AND CLEAN ANY REUSABLE GOGGLES/FACE SHIELD WITH CLEANING WIPE AND HANG FOR DRYING ON RED/DIRTY AREA HOOKS. ONCE DRY/STERILE CAN TRANSFER TO BLUE/CLEAN HOOKS.

