

Ambulatory Care: Specimen Collection, Storage, & Transport Guide

Lab	LGC Labs	LGC Labs	Quest Diagnostics	Public Health	VCMC In-House Lab
Patient Type	<ul style="list-style-type: none"> ▪ Pre-screened, symptomatic patients presenting to urgent care for drive-through testing ▪ Symptomatic patients presenting to clinic where LGC anterior nares swabs available 	<p>*LGC NP swabs are not available at all clinics at this time.</p> <ul style="list-style-type: none"> ▪ Asymptomatic patients requiring a physician visit in clinic ▪ Asymptomatic established clinic patients who require testing for surgery at outside facility (ordered by PCP) ▪ Asymptomatic person with COVID positive contact 	<ul style="list-style-type: none"> ▪ Symptomatic or asymptomatic patients requiring a physician visit in clinic ▪ Asymptomatic established clinic patients who require testing for surgery at outside facility (ordered by PCP) ▪ Asymptomatic person with COVID positive contact 	<ul style="list-style-type: none"> ▪ Symptomatic/Asymptomatic Healthcare workers (HCW) ▪ A health care worker's symptomatic household member or asymptomatic household member who had a high risk exposure ▪ Asymptomatic individuals undergoing VCMC or SPH surgery or procedure (including cesarean section) scheduled 2-3 days before collection ▪ Asymptomatic family member outside the household caring for newborn of COVID-19+ mother (outpatient) ▪ Patients on hemodialysis, oncology patients undergoing chemotherapy within 48-72hrs, residents of homeless shelters, correctional facilities, long term care facilities and other congregate or institutional settings 	<ul style="list-style-type: none"> ▪ Asymptomatic individuals undergoing emergent surgery or procedure at VCMC or SPH (including cesarean section) on the day of surgery. ▪ Symptomatic individuals who will be admitted to the hospital ▪ Symptomatic individuals who will be discharged to IPU or SNF same day
Specimen	Anterior nares (self-collection)	Nasopharyngeal (nurse collect)	Nasopharyngeal (nurse collect)	Nasopharyngeal (nurse collect)	Nasopharyngeal (nurse collect)
Orders	<ul style="list-style-type: none"> ▪ Cerner Order "LGC SARS CoV2" (located in AMB COVID 19 Powerplan under symptomatic testing) <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> ▪ LGC Portal Order 	<ul style="list-style-type: none"> ▪ Cerner Order "LGC SARS CoV2" (located in AMB COVID 19 Powerplan under asymptomatic testing) <p style="text-align: center;">AND</p> <ul style="list-style-type: none"> ▪ LGC Portal Order 	<ul style="list-style-type: none"> ▪ Order "AMB COVID 19 Coronavirus SARS-CoV2 ▪ Select SARS CoV-2 RNA, Qual NAAT Quest ▪ Choose appropriate order based on whether patient is symptomatic vs asymptomatic. 	<ul style="list-style-type: none"> ▪ Order "AMB COVID 19 Coronavirus SARS-CoV2" ▪ Select SARS CoV-2 PCR PH-Lab Nasopharyngeal Swab by PCR-PH Lab Nasopharyngeal Swab ▪ Choose appropriate order based on whether patient is symptomatic vs asymptomatic. 	<ul style="list-style-type: none"> ▪ Order "PHA MED COVID Coronavirus SARS CoV-2 Management" ▪ Select SARS CoV-2 VCMC ▪ Have an inpatient FIN OR an inpatient lab encounter opened under an outpatient visit ▪ Choose appropriate order based on whether patient is symptomatic vs asymptomatic.

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Storage	<p>Specimens placed in UPS transport bag and stored at room temperature for up to 5 days.</p> <p style="color: red;"><i>UPS transport bags ONLY for swabs going to LGC Lab</i></p> <p style="color: blue;"><i>Label bags with clinic name and test quantity</i></p>	<p>Keep specimens refrigerated at 2-8°C for up to 72 hours after collection. If delay, frozen -20°C up to 7 days.</p>	<p>Store specimens at 2-8°C for up to 72 hours after collection.</p> <p>If a delay occurs in extraction, store specimens at -70°C or lower</p>	
Transport	<p>Weekdays Courier will go to 7 urgent care sites to pick up specimens and take them to lab in LA.</p>	<p>Quest: Samples should be shipped frozen (preferred) or refrigerated at 2°C–8 °C and shipped overnight to Quest</p>	<p>Mon-Fri 8a-4p-GSA Courier Call (805)385-9444 for pickup</p> <p>Sat-Sun 8a-11a-VCMC Courier- Call (805)652-6075 for pickup</p>	