# COVID-19 Isolation, Cleaning and Disinfection

## Personal Protective Equipment (PPE) Disposal
- All disposable PPE, other than N95, are discarded before leaving the room.
- Only N95 mask is removed in the anteroom.
- Do not reuse N95 on same patient if still suspect.
- An N95 can be stored in a paper bag labeled with the HCP’s name, for potential reuse on a future different patient, IF suspect patient RULES OUT for COVID-19.
- Discard body fluid contaminated items as biohazard.

## Hand Hygiene
- Alcohol-Based Hand Rub for at least 15 Seconds before and after all patient contact, contact with potentially infectious material, and before putting on and upon removal of PPE, including gloves.
- If hands are visibly soiled, use soap and water before returning to alcohol-based hand rub (ABHR).

## Clorox Bleach Germicidal Wipes
- **3 Minutes of contact time:** 1st Choice
- Sodium hypochlorite.................................0.55%
- Hypochlorite is the disinfectant of choice for environmental decontamination for COVID-19 Patients or Suspects.
- All non-disposable equipment, including portable machines (ultrasound, portable X-ray, glucometers) and eye wear, must be disinfected for at least 3 Minutes contact time.

## Cleaning Basics
- Work from the highest point in the room to the lowest point in the room.
- Work from the outside walls of the room to the center of the room.
- Work from the cleanest surfaces in the room to the dirtiest surfaces in the room.

## Hydrogen Peroxide Wipes:
- **5 Minutes 2nd Choice**
- Hydrogen Peroxide..........................................1.4%
- Has claim against Human Coronavirus.

## Record Keeping
- Keep log of all staff entering the room housing suspected COVID patient.
- Post-Exposure Self-Monitoring (Twice a day, either until patient ruled out, or x 14 Days beyond last contact with positive patient).
- Supervisor Daily Supervision of the Self-Monitor form (prior to HCP start each shift).

## Symptoms
- Temperature _____°F. (Fever is ≥100.0°F)
- Subjective Fever
- Cough
- Shortness of breath
- Sore throat

## Room Entry After Patient Discharge
- **45 Min – 3.5 Hrs.**
- Use Respiratory Protection while cleaning the room after discharge.
- 45 Minutes for AIIR (10-12 air exchanges per hour).
- 3.5 hours for regular patient room in VCMC (2 air exchanges per hour).
- 1.5 hours for regular patient room in SPH (6 air exchanges per hour).