COVID 19: PROVIDER GUIDE TO DISCONTINUE HOME ISOLATION

SYMPTOMATIC PATIENTS who have a COVID test result pending or did not meet criteria for testing but has concerning COVID symptoms, may discontinue home isolation after these three things have happened:

1. You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)

   AND

2. Other symptoms have improved (for example, when your cough or shortness of breath have improved)

   AND

3. At least 10 days have passed since your symptoms first appeared OR you received two negative tests in a row, at least 24 hours apart.

If symptomatic patient tests positive, the above criteria must be met.

If symptomatic patient tests negative, the person can stop isolation once afebrile for 24 hours and other symptoms significantly improve.

ASYMPTOMATIC PATIENTS who have a positive COVID test may discontinue home isolation after these two things have happened:

1. At least 10 days have passed since the date of your first positive test

   AND

2. You continue to have no symptoms (no cough or shortness of breath) since the test or you received two negative tests in a row, at least 24 hours apart.

ASYMPTOMATIC PATIENTS who had a contact with laboratory confirmed COVID person

- You are eligible for testing. Please call your local testing site.
- If you are not tested, it is recommended that you continue to isolate and monitor for 14 days after your last contact with COVID positive person.
- As stated above, if you are tested and test positive, you may discontinue home isolation after at least 10 days have passed since the date of your first positive test AND continue to have no symptoms (no cough or shortness of breath) since the test or you received two negative tests in a row, at least 24 hours apart.

Note: if you develop symptoms, call your provider or local testing site and follow guidance above for people with COVID19 symptoms.

**In all cases, follow the guidance of your doctor and local health department. The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments. When a test-based strategy is not feasible or desired, healthcare providers and public health officials should follow the non-test-based strategy**